



TEFAL / T-FAL\*

## INSTRUCTIONS FOR USE NON STICK AND CERAMIC FOR COOKWARE

*Congratulations on your purchase and welcome to the world of Tefal/T-Fal\* cookware! Tefal/T-Fal\* cookware is designed to provide many years of cooking enjoyment and superior performance provided that our use and care advice is followed :*

### **Before first use**

- Remove all packaging materials, labels, stickers and tags.  
Note: Some cookware is shipped with a protective plastic piece, in particular those located at the base of the handle. Please discard before use, as failure to remove this piece could create a fire hazard
- Wash cookware in warm, soapy water, then rinse and dry thoroughly using a soft cloth or paper towel.
- For cookware with a non-stick interior, heat each pan on low for 30 seconds, remove from heat and spread one teaspoon of cooking oil over the entire interior surface with a clean cloth or paper towel. Wipe off any excess.

### **General cooking tips**

- Tefal Cookware items cannot be used in a microwave.
- Use only low to medium heat with your cookware at all times (including boiling water). Low to medium heat offers the best cooking performance. High heat may damage your cookware and this type of damage is not covered under the guarantee.
- Never let cookware boil dry or leave an empty piece of cookware on a heated ring or gas flame.
- Select the appropriate hob ring or gas flame size so that the heat or gas flame touches only the bottom of the cookware and does not climb up the sides of the pan.
- Do not use non-stick coated pans to flambé.
- Let pans cool before cleaning to prevent warping caused by extreme temperature shocks. Avoid any extreme temperature changes.
- Do not slide or drag cookware across the hob surface as this may cause damage to both the cookware and the hob surface.
- When boiling water, add salt to water only after it has come to the boil to keep salt grains from damaging the steel components of the cookware
- Never heat fat or oil to the extent it smokes, burns or turns black.
- Milk scorches easily. Heat over low to medium heat until bubbles form around the edges.
- To avoid spillage, do not fill the pans more than two-thirds full.
- Avoid using your pans to store acidic, salty or fatty foods before or after cooking.
- Unless otherwise stated only use your Tefal pans on a hob and not in an oven – refer also to sections regarding handles, knobs and lids.

### **Hob suitability and use**

- Ensure suitability for your hob by referring to the symbols displayed on the sleeve, packaging or catalogue.
- Overheating the pan may damage its non-stick properties or distort the base. Avoid overheating your cookware especially without food. Be careful when using a maximum heating position or booster function.
- Always dry the base of your cookware before cooking, especially if you use it on a ceramic, halogen or induction hob, otherwise the pan may stick to the hob.
- Depending on your hob type, the base of your pan may become marked or scratched. This is normal.
- Choose a suitable sized gas flame or ring for the base of the pan and centre your pan over the heat source.
- Take care when placing pans on gas hobs as the number of support legs vary and small pans in particular may need a trivet, which most gas hob manufacturers will supply with their hob or can be bought from them separately.
- On a ceramic hob, take care that your hob and the base of the pan/ pot are perfectly clean to avoid anything getting trapped between the pan and the hob, thereby scratching the hob.
- Never drag pans across the surface – always lift the pan/pot off.
- Never “agitate” frypans, woks or sauté pans on the hob whilst cooking. To move the food in the pan, use a suitable utensil.

### **Use on an induction hob**

Induction is a heating method, which is much faster and more powerful than other heat sources. To guarantee the performance of your cookware:

- Never heat pots and pans when empty

- When preheating your pan, we recommend that you set the hob (output level) to a mid-range temperature setting (you should consult the operating instructions for your induction hob).
- If using a non-stick coated pan use the Thermo-Signal™ technology so that you can see when the pan has reached the perfect cooking temperature, then add your food and reduce the heat to maintain the temperature (to prevent overheating the pan).

Note: The efficiency of the pan may be affected by the diameter and power of your hob. Cookware with a smaller base diameter compared to the induction hob size might not trigger induction heating technology.

#### **Helpful hints on lid use**

- Always use oven gloves when removing a lid during cooking, tilt it to direct steam away from you and keep hands and face away from vents.
- Do not use glass lids that have cracks, chips or scratches and do not attempt to make repairs to damaged cookware. Avoid the use of damaged cookware lids. For safety reasons if the glass shatters it is designed to break up into small pieces and shatter downwards rather than outwards.
- Do not place hot glass lids into or under cold water or directly onto a cold work surface as an extreme temperature change can break the glass. This is not covered under the guarantee.
- Tempered glass lids are oven safe up to a maximum of 350°F/175°C/Gas Mark 4. You must remove glass lids from pans before putting the pans in an oven above this temperature.
- If your glass lids have knobs made from pure Bakelite (ie no added trims) they are oven safe up to 175°C (350°F, Gas Mark 4) for a maximum of one hour. Knobs that are Bakelite with trims should not be put in the oven at all.
- Any lid that has a steam-vented knob is not oven-safe and should not be put in the oven.
- When leaving a covered pan on the hob after the heat is turned down, be sure to leave an air gap between the lid and the pan or the steam vent open, otherwise a vacuum seal may occur. If you notice a vacuum seal, do not attempt to remove the lid from the pan, call the Consumer Helpline.

#### **Handles and knobs**

- Handles and knobs can get hot under certain conditions. Always have oven gloves available for use. When cooking make sure handles are not positioned over other hot rings or gas flames. Do not allow handles to come into contact with direct heat or flames, nor place directly under a hot grill.
- Some handles and knobs are attached with screws that may loosen over time due to the continual heating and cooling of the fixing. If it occurs, they should be carefully retightened. Do not over tighten, as this could result in damage to the lid or the knob. If the screw cannot be tightened or the handles are riveted or welded, call the Consumer Helpline.
- If handles and knobs are made of stainless steel, they are oven safe up to 482°F/250°C/Gas
- If handles and knobs are made of stainless steel with some silicone insert or wrap, they are oven safe up to 400°F/210°C/Gas for a maximum of one hour at a time.
- Handles and knobs made from pure Bakelite (ie no added trims) are oven safe up to 175°C (350°F/Gas mark 4) for a maximum of one hour.
- Bakelite handles and knobs with trims should not be put in the oven at all.
- Any steam-vented knob is not oven-safe and should not be put in the oven.

#### **Cookware with non-stick coating (cooking):**

- Thanks to its non-stick coating, your cookware does not need additional fat, promoting healthier cooking.
- Never heat fat or oil to the extent that it burns and turns black.

#### **Cookware with non-stick coating and ceramic (care and cleaning)**

- With use some minor discolouration of the non-stick coating may occur. This is quite normal and will not affect the non-stick properties of your cookware.
- Slight surface marks or abrasions are normal and will not affect the performance of the non-stick surface. Those marks will not be covered by the guarantee.
- Non-stick cooking sprays are not recommended with non-stick cookware. The use of such sprays may create an invisible build-up on the surface of the pan that will affect the pan's non-stick properties.
- If you accidentally burn food in your pans fill them with warm water and washing up liquid and leave to soak for about an hour. Afterwards wash them as normal and use a non-abrasive sponge (a non-stick scouring sponge) as necessary.
- If food begins to "stick" to the pan this is usually a sign that the non-stick properties have been weakened due to the pan having been overheated; food has been burnt in the pan or there is a build up of food residues in the pan. This is not covered by the manufacture's guarantee (see section "Guarantee")
- The non-stick coating is formulated not to chip or peel under normal household use. If particles from the coating are accidentally ingested, there is no danger. These particles are non-toxic and totally inert, if ingested it is totally innocuous in the body. If you have any concerns, please contact the Consumer Helpline.
- The ceramic cookware promotes healthy cooking by requiring less saturated fats and oils while cooking.

### **Non-stick coating with Thermo-signal™ Technology**



Tefal cookware comes both with and without Thermo-signal™ technology. Should your pan have a heat indicator like the ones shown, this will tell you when the pan has reached the optimum cooking temperature

When either the outer pattern or the whole spot turns solid red (depending on the design) reduce the heat to maintain the temperature. Do not continue to heat the pan on a high heat as this will result in the pan and the non-stick surface becoming overheated.



### **Utensils**

- We recommend to use plastic, silicone or wooden utensils for best long term results. Most metal utensils can be used except knives and whisks. Do not cut directly in the pan. However, care should be exercised when using any metal utensil. Avoid using sharp edged utensils and do not cut directly in the pan. Do not stab or gouge the non-stick surface. Accordingly, Scratching cannot be covered by the guarantee
- Slight surface markings are normal and will not diminish the performance of your cookware

### **Oven and grill use**

- Cookware is oven safe up to 482°F/250°C/Gas Mark 9 if the handles are made of stainless steel without any Bakelite or silicone or wrap. Refer to the “handle and knob” section to check the safe temperature for your cookware.
- Always use oven gloves when moving your cookware into or out of the oven.
- Tempered glass lids are oven safe up to a maximum of 350°F/175°C/Gas Mark4. You must remove glass lids from pans before putting the pans in an oven above this temperature. Refer also to the section “Handles and Knobs”.
- Cookware with stainless steel handles that do not include any silicone or Bakelite insert with non-stick coated interior can be put under the grill but must be at a minimum distance of 5cm from the grill heaters.

### **Cleaning your cookware**

- To prolong the lifetime of your cookware we recommend handwashing;
- After each use, wash the inner and outer coatings of your pan with hot water, liquid detergent and a sponge. Rinse and dry thoroughly.
- Do not use metal scouring pads, abrasive wire wool or harsh scouring powder.
- Never put cold water into a hot pan or plunge hot cookware in cold water. Sudden changes of temperature may cause metal to warp, resulting in an uneven base.
- Do not soak the outside of your pans for an extended period due to some aluminum fixings (eg rivets). Always dry your cookware thoroughly.

### **Dishwashing**

- Not all Tefal cookware is dishwasher safe. Please check the labels on the packaging. Please also refer to the section “Handles, Knobs and Lids”.
- If your cookware is dishwasher safe, washing by hand is still recommended. If dishwashing, use less caustic dishwashing detergents such as a pure liquid, gel or powder rather than the combination tablets as these can be very corrosive.
- If placed in the dishwasher the outer coating and any aluminum fixings may become dulled and discoloured due to action of certain detergents. Our guarantee does not cover this type of wear, however the performance of the pan will not be affected.
- Do not leave your cookware in the dishwasher after the cycle has finished.

### **Cleaning – for cookware without non-stick coating**

- For regular care, clean your pans with hot water, liquid detergent and a sponge (scouring powder and scouring pads are not recommended).
- For more stubborn stains or if food has been accidentally burnt inside the pan, soak in hot water. Use a fine specialist stainless steel powder cleanser with water to form a paste. Apply paste using a soft cloth. Run in a circular motion from the centre outward. Wash in hot soapy water, dry immediately to prevent tarnishing.
- Never use bleach, oven cleaners or chlorine-based products on your pans as it is extremely corrosive to stainless steel, even when diluted. It will cause tiny pits to appear in the surface of the steel which may be unsightly and will affect the cooking performance.
- Do not use steel wool, steel scouring pads or harsh detergents.
- Nylon scouring pads are safe to use.

- Be advised that stainless steel exterior finishes and fixings may become dull due to the abrasive nature of some dishwasher detergents. These effects are not covered under guarantee.
- Even if your product is dishwasher safe, hand washing is recommended and dry thoroughly immediately after washing it to prevent tarnishing.
- Do not leave your cookware in the dishwasher after the cycle has finished.
- With stainless steel cookware, blue or yellow discolouration may appear over time. This is a natural occurrence that may result from overheating and does not indicate any problem with the cookware.
- The following may also occur due to inadequate cleaning or leaving to boil dry : white spots (e.g. from boiling potatoes), white fine scale, rainbow effect / iridescent glints, brown drying rings (watermarks).
- If the product is made of stainless steel discolouration can appear on the outer surface. The discolouration can be removed with a special cleaner for stainless steel cookware, or by gently boiling lemon juice or white vinegar in the pan (ensure the kitchen is well-ventilated) and rubbing softly with a non-abrasive sponge.

*\*TEFAL household appliances appear under the T-Fal brand in some territories like America and Japan.*

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#### **Recycling**

- Your appliance contains valuable materials which can be recovered or recycled. Leave it at a local civic waste collection point.